

Guidance Newsletter



EVENTS 2018/2019

Higher Options

Students will attend Higher Options in the RDS on the 13th of September. Here students will have the opportunity to meet and speak directly with representatives from all the main Irish universities and colleges, as well as many from the UK, Europe and further afield. The guidance Team have order tickets for this event (Tickets cost 10 euro and the bus will be 5 euro). Money will be collected on our online system.

Sample of visiting college speakers

The following speakers will be invited to visit the school and speak to the 6th years:

- DIT
- Maynooth University
- UCD
- DKIT
- Trinity
- Colaiste Dhulaigh
- DCU
- Killester college
- NCI

Vocational Interviews

In September each class will be assigned a Guidance Counsellor. Every student will meet with their guidance counsellor for a one to one vocational interview in term one. Target setting, summer results and career options will be discussed.

CAO Evening

A guest speaker will be presenting at the CAO evening in September. They will be discussing the CAO process and going to college. All parents are welcome. Date to be confirmed.

Study skills Workshop

A study skill workshop will be held during term 1. The workshop will be delivered by the Student Enrichment Services and will offer practical, realistic advice and ideas to help assist students to achieve in their exams. Students will learn how to set realistic goals, exam paper analysis, revising planning, note making styles and study methods. The cost of the workshop is 10 euro.

We recommend all students attend this workshop.

Guidance Team in Donabate Community College

Ms M. O'Brien & Ms K. Whelan

What do guidance Counsellors do?

Guidance Counsellors are professionally trained to undertake the following task within the school guidance programme.

Guidance Counsellors empower students to make decisions, solve problems, change behaviour and resolve issues in their lives in relation to Personal, Educational and Career Issues.

Personal Counselling – this provides individual, group or class work to promote interpersonal communication skills, decision making, self-awareness and the ability to plan.

Educational Guidance – This involves individual, group or class work to assist decision making in relation to choice of courses, subject and levels. It includes such topics as motivation and learning, study skills and examination techniques.

Career Guidance – this involves individual, group and class work to assist decision making in relation to education and training courses, employment opportunities, job search skills work and other life roles.