



We're delighted you are coming to us. Here is a suggested list of items you will need to take with us.

Things to bring:

- Packed Lunch (*Day Groups*)
- *Residential group please check with your leader/teacher if you need to take a pack lunch with you as this will depend on the programme you are taking part in*
- Any medication required
- Clothing both for warm and cold weather
- Additional trainers/old soft shoes to wear in the water
- Towel & Swimsuit or shorts

If we are providing catering for you please inform us in advance of any dietary requirements or allergies in advance of arrival.

